

BAC-A

Brief Assessment Checklist for Adolescents (ages 12 to 17)

Young person's name Male / Female

Young person's age

Your relationship to this young person (e.g. mother, father, aunt, foster mother, grandfather)

Here are some statements that describe young people's behaviour and feelings.

For each statement, please circle the number that best describes your child in the **last 4 to 6 months**.

- circle **0** if the statement is **not true** for this young person in the last 4 to 6 months.
- circle **1** if the statement is **partly true** for this young person in the last 4 to 6 months.
- circle **2** if the statement is **mostly true** for this young person in the last 4 to 6 months.

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|-----|----------|----------|----------|---|
| 1. | 0 | 1 | 2 | Constantly seeking excitement or 'thrills' |
| 2. | 0 | 1 | 2 | Craves affection |
| 3. | 0 | 1 | 2 | Does not share with friends |
| 4. | 0 | 1 | 2 | Does not show affection |
| 5. | 0 | 1 | 2 | Feels victimised or misunderstood |
| 6. | 0 | 1 | 2 | Gorges food |
| 7. | 0 | 1 | 2 | Hides feelings |
| 8. | 0 | 1 | 2 | Impulsive (acts rashly, without thinking) |
| 9. | 0 | 1 | 2 | Lacks guilt or empathy |
| 10. | 0 | 1 | 2 | Relates to strangers 'as if they were family' |
| 11. | 0 | 1 | 2 | Resists being comforted when hurt |
| 12. | 0 | 1 | 2 | Shows intense and inappropriate anger |
| 13. | 0 | 1 | 2 | Too friendly with strangers |
| 14. | 0 | 1 | 2 | Too jealous |
| 15. | 0 | 1 | 2 | Tries too hard to please other young people |
| 16. | 0 | 1 | 2 | Withdrawn |

For each of the following statements:

- circle **0** if the behaviour **did not occur** in the last 4 to 6 months.
- circle **1** if the behaviour **occurred once** in the last 4 to 6 months.
- circle **2** if the behaviour **occurred more than once** in the last 4 to 6 months.

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| 17. | 0 | 1 | 2 | Appears dazed, 'spaced out' (like in a trance) |
| 18. | 0 | 1 | 2 | Intense reaction to criticism |
| 19. | 0 | 1 | 2 | Sexual behaviour not appropriate for her/his age |
| 20. | 0 | 1 | 2 | Sudden or extreme mood changes |

U.K. English version www.childpsych.org.uk

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| ID: | Date: | Score: |