BAC-A  
Brief Assessment Checklist for Adolescents (ages 12 to 17)

Young person’s name ....................................................................... Male / Female
Young person’s age .........................................................
Your relationship to this young person ........................................................ (e.g. mother, father, aunt, foster mother, grandfather)

Here are some statements that describe young people’s behavior and feelings.
For each statement, please circle the number that best describes your child in the last 4 to 6 months.

→ circle 0 if the statement is not true for this young person in the last 4 to 6 months.
→ circle 1 if the statement is partly true for this young person in the last 4 to 6 months.
→ circle 2 if the statement is mostly true for this young person in the last 4 to 6 months.

1. 0 1 2 Constantly seeking excitement or ‘thrills’
2. 0 1 2 Craves affection
3. 0 1 2 Does not share with friends
4. 0 1 2 Does not show affection
5. 0 1 2 Feels victimized or misunderstood
6. 0 1 2 Gorges food
7. 0 1 2 Hides feelings
8. 0 1 2 Impulsive (acts rashly, without thinking)
9. 0 1 2 Lacks guilt or empathy
10. 0 1 2 Relates to strangers ‘as if they were family’
11. 0 1 2 Resists being comforted when hurt
12. 0 1 2 Shows intense and inappropriate anger
13. 0 1 2 Too friendly with strangers
14. 0 1 2 Too jealous
15. 0 1 2 Tries too hard to please other young people
16. 0 1 2 Withdrawn

For each of the following statements:

→ circle 0 if the behavior did not occur in the last 4 to 6 months.
→ circle 1 if the behavior occurred once in the last 4 to 6 months.
→ circle 2 if the behavior occurred more than once in the last 4 to 6 months.

17. 0 1 2 Appears dazed, ‘spaced out’ (like in a trance)
18. 0 1 2 Intense reaction to criticism
19. 0 1 2 Sexual behavior not appropriate for her/his age
20. 0 1 2 Sudden or extreme mood changes

U.S. English version  www.childpsych.org.uk

Office use
ID: Date: Score:

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